

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p align="center">February 2012 Norse Home Activities</p>			<p>1 9:30 EnhanceFitness-SH 11:00 Mindstretchers-FPL&3rd 1:15 Ballard Shopping 1:30 Craft Corner -#427 3:30 Stretch for Health - 4th Fl</p>	<p>2 9:00 Better Balance-SH 9:40 Good Morning Exercise -SH 10:15 Move & Have Fun -3rd 1:15 Kapka Kids – 2nd FL 1:15 Wii Time-SH 2:00 BINGO - 3rd Fl 3:00 Happy Hour MDR</p>	<p>3 9:30 EnhanceFitness-SH 10:45 Current Events-FPL 11:00 Mindstretchers- 3rd 1:30 Craft Corner #427 2:00 Manicures -5th Fl. 3:30 Stretch for Health-4th Fl. 6:00 Piano Music-FPL</p>	<p>4 9:00 Better Balance - SH 1:00 Radio Enthusiasts of Puget Sound- SH 2:00 Saturday Matinee on 2nd FL</p>
<p>5 2:00 Video in SH 3:30 Super Bowl Sunday! Ch. 5</p>	<p>6 9:30 EnhanceFitness-SH 10:15 Move & Have Fun -3rd Fl 11:00 Mindstretchers-FPL&3rd 1:15 Museum of Flight 2:00 Scrabble, Checkers & More -2nd Fl. 3:00 Reading-5th Fl.</p>	<p>7 9:30 Good Morning Exercise-SH 10:15 Move & Have Fun -3rd Fl 1:15 Northgate Shopping 2:00 BINGO – 3rd Fl 3:15 Pretty Nails 3:30 Lawrence Welk Hour – 3rd</p>	<p>8 9:00 Manicures-5th Fl. 9:30 EnhanceFitness-SH 11:00 Mindstretchers – FPL&3rd 1:15 Ballard Shopping 1:30 Craft Corner -#427 3:30 Stretch for Health - 4th Fl 6:15 BINGO! SH</p>	<p>9 9:00 Better Balance-SH 9:40 Good Morning Exercise -SH 10:15 Move & Have Fun -3rd 1:15 Wii Time – SH 1:15 Kapka Kids – 2nd FL 1:15 Nordic Heritage Museum 2:00 BINGO – 3rd Fl 3:00 Happy Hour – MDR</p>	<p>10 9:30 EnhanceFitness-SH 10:45 Current Events – FPL 11:00 Mindstretchers- 3rd 1:30 Printmaking Class #427 1:30 Set up for Rummage Sale- 3:30 Stretch for Health - 4th Fl 6:30 KlappaDooWopella! - MDR</p>	<p>11 9:00 Better Balance- SH 10:00 “Puppy Love” Dog Visit -3rd Fl. 10:00-3:00 Rummage Sale - SH 2:00 Saturday Matinee on 2nd FL</p>
<p>12 2:00 Video in SH 7:00 Vespers-SH Ron Davids</p>	<p>13 9:30 EnhanceFitness - SH 10:15 Move & Have Fun -3rd Fl 10:15-10:45 Bookmobile-ML 11:00 Mindstretchers -FPL & 3rd 1:15 Scenic Drive: Richmond Beach 2:00 Tea Party PDR 3:00 Reading-5th Fl. 3:15 Pretty Nails</p>	<p>14 9:30 Good Morning Exercise-SH 10:15 Move & Have Fun -3rd Fl 2:00 Bells Choir-FPL 3:00 Valentine’s Day & Birthday Party w/ Steve Kelley on Piano-SH</p>	<p>15 9:00 Manicures- 5th Fl. 9:30 EnhanceFitness - SH 11:00 Mindstretchers - FPL & 3rd 1:15 Fred Meyer Shopping 1:30 Craft Corner -#427 3:30 Stretch for Health - 4th Fl</p>	<p>16 9:00 Better Balance-SH 9:40 Good Morning Exercise -SH 10:15 Move & Have Fun -3rd 10:45 Wellness Class: “Price is Right” - Golden Age Dentistry-5th 1:15 Wii Time – SH 1:15 Kapka Kids – 2nd FL 2:00 BINGO – 3rd Fl 3:00 Happy Hour – MDR</p>	<p>17 9:30 EnhanceFitness - SH 10:45 Current Events –FPL 1:30 Painting Class – 4th Fl 2:00 Slide Show-SH 3:30 Stretch for Health - 4th Fl 6:00 Piano Music- FPL</p>	<p>18 9:00 Better Balance - SH 1:30 Movie in Social Hall 2:00 Saturday Matinee on 2nd FL</p>
<p>19 9:30-1:00 Sunday Brunch Buffet 2:00 Knitting & Crochet- 5th Fl. 7:00 Vespers-SH Dwight Paulson</p>	<p>20 Washington’s Birthday Holiday 1:15 Movie in SH 3:00 Art Appreciation with Curtis: Asian Art 5th Fl.</p>	<p>21 9:30 Good Morning Exercise-SH 10:15 Move & Have Fun -3rd Fl 3:00 Reading-5th 3:15 Pretty Nails – 3rd Fl 3:30 Lawrence Welk Hour – 3rd</p>	<p>22 9:30 EnhanceFitness - SH 11:00 Mindstretchers - FPL & 3rd 1:15 Ballard Shopping 1:30 Craft Corner -#427 3:30 Stretch for Health - 4th Fl 6:15 BINGO! SH</p>	<p>23 9:00 Better Balance-SH 9:40 Good Morning Exercise -SH 10:15 Move & Have Fun-3rd 1:15 Wii Time-SH 2:00 BINGO – 3rd Fl 3:00 Happy Hour -MDR</p>	<p>24 9:30 EnhanceFitness - SH 10:45 Current Events –FPL 11:00 Mindstretchers- 3rd 1:00 Out! To the Movies 1:30 Painting Class – 4th Fl 2:00 Manicures-5th Fl. 3:30 Stretch for Health – 4th Fl</p>	<p>25 9:00 Better Balance - SH 1:30 Movie in Social Hall 2:00 Saturday Matinee on 2nd FL</p>
<p>26 2:00 Video in SH 7:00 Vespers-SH Ockwell Family</p>	<p>27 9:30 EnhanceFitness - SH 10:15 Move & Have Fun -3rd Fl 11:00 Mindstretchers- FPL &3rd 11:00 Out to Lunch w/Kara 1:00 Inga Frodesen Guild-SH 2:00 Scrabble, etc. - 2nd Fl. 3:00 Reading-5th Fl. 7:30 Norwegian Male Chorus- MDR</p>	<p>28 9:30 Good Morning Exercise-SH 10:15 Move & Have Fun -3rd Fl 2:00 BINGO – 3rd Fl 1:30 Outing with Molly 3:00 Music Appreciation Class 3:15 Pretty Nails – 3rd Fl 3:30 Lawrence Welk Hour – 3rd</p>	<p>29 9:30 EnhanceFitness - SH 11:00 Mindstretchers - FPL & 3rd 1:15 Ballard Shopping 1:30 Craft Corner -#427 3:30 Stretch for Health - 4th Fl</p> <p align="center">Leap Day!</p>	<p>Elizabeth B 2/2 Klara 2/6 Charlotte 2/8 Agnes 2/10 Lee 2/11 Betty B 2/12 Juanita 2/19 Sofie 2/21 Helen W 2/23</p>	<p align="center">February Birthdays Birthday Party!!! Feb. 14</p> <p>Please check the boards for weekend movie selections and any additions or changes to calendar</p>	