

SUNDAY

MONDAY

TUESDAY

WEDNESDAY








THURSDAY

FRIDAY

SATURDAY



**May  
2012  
Norse Home  
Activities**

		<p><b>1</b> 9:30 Good Morning Exercise-SH 10:15 Move &amp; Have Fun -3<sup>rd</sup> Fl 1:30 Reader's Theatre-SH 2:00 <b>Bell Choir-FPL</b> 3:15 Pretty Nails- 3<sup>rd</sup> Fl 3:30 Victor Borge Hour – 3<sup>rd</sup></p>	<p><b>2</b> 9:30 EnhanceFitness - SH 11:00 Mindstretchers - FPL &amp; 3<sup>rd</sup> 1:15 <b>Ballard Shopping</b> 1:30 Craft Corner -#427 3:30 Stretch for Health - 4<sup>th</sup> Fl</p>	<p><b>3</b> 9:00 Better Balance-SH 9:40 Good Morning Exercise -SH 10:15 Move &amp; Have Fun -3<sup>rd</sup> 1:15 Kapka Kids – 2<sup>nd</sup> FL 1:30 Wii Time-SH 2:00 BINGO - 3<sup>rd</sup> Fl 3:00 <b>Happy Hour MDR</b></p>	<p><b>4</b> 9:30 EnhanceFitness-SH 10:45 Current Events-PDR 11:00 Mindstretchers- 3<sup>rd</sup> 1:30 <b>Outing: Fine Art Show at Northshore Senior Center</b> 2:00 Manicures -5<sup>th</sup> Fl. 3:30 Stretch for Health-4<sup>th</sup> Fl.</p>	<p><b>5</b> 9:00 Better Balance - SH 1:00 Radio Enthusiasts of Puget Sound- SH 2:00 BINGO! -3<sup>rd</sup> Fl. 2:00 Saturday Matinee on 2<sup>nd</sup> FL</p>
<p><b>6</b> 1:15 <b>Outing: Golden Gardens</b> 2:00 <b>Violin Recital-MDR</b> 7:00 Vespers-SH with Ballard First Lutheran Church</p> 	<p><b>7</b> 9:30 EnhanceFitness-SH 10:15 Move &amp; Have Fun -3<sup>rd</sup> Fl 11:00 Mindstretchers-FPL&amp;3<sup>rd</sup> 1:15 <b>Scenic Drive</b> 2:00 Scrabble, Checkers &amp; More -2<sup>nd</sup> Fl. 3:00 Reading-5<sup>th</sup> Fl. 6:00 Norse Studies -SH</p>	<p><b>8</b> 9:30 Good Morning Exercise-SH 1:30 Readers' Theatre-SH 2:00 BINGO – 3<sup>rd</sup> Fl 3:30 Victor Borge Hour – 3<sup>rd</sup></p> 	<p><b>9</b> 9:00 Manicures-5<sup>th</sup> Fl. 9:30 EnhanceFitness-SH 11:00 Mindstretchers - FPL &amp; 3<sup>rd</sup> 1:15 <b>Fred Meyer Shopping</b> 3:30 Stretch for Health - 4<sup>th</sup> Fl 6:15 BINGO!-SH</p>	<p><b>10</b> 9:00 Better Balance-SH 9:40 Good Morning Exercise -SH 10:15 Move &amp; Have Fun -3<sup>rd</sup> 1:15 Kapka Kids – 2<sup>nd</sup> FL 1:30 Wii Time - SH 2:00 BINGO – 3<sup>rd</sup> Fl 3:00 <b>Happy Hour – MDR</b></p>	<p><b>11</b> 9:30 EnhanceFitness-SH 10:45 Current Events – FPL 11:00 Mindstretchers- 3<sup>rd</sup> 1:15 <b>Outing: Rhododendron Park in Kenmore</b> 1:30 Craft Corner #427 2:00 <b>Slide Show-SH</b> 3:30 Stretch for Health - 4<sup>th</sup> Fl 6:00 <b>Piano Music with Jean-FPL</b></p>	<p><b>12</b> 9:00 Better Balance- SH 10:00 "Puppy Love" Dog Visit -3<sup>rd</sup> Fl. 1:30 Movie in Social Hall 2:00 BINGO -3<sup>rd</sup> Fl. 2:00 Saturday Matinee on 2<sup>nd</sup> FL</p>
<p><b>13</b> 2:00 Knitting &amp; Crochet- 5<sup>th</sup> Fl 7:00 Vespers –SH with Pastor Ron Davids</p>  <p><b>Happy Mother's Day!</b></p>	<p><b>14</b> 9:30 EnhanceFitness – SH 10:15 <b>Bookmobile-ML</b> 10:15 Move &amp; Have Fun -3<sup>rd</sup> Fl 11:00 Mindstretchers - 3<sup>rd</sup> 2:00 <b>BIRTHDAY PARTY!!</b> <b>All invited!</b> 3:15 Pretty Nails – 3<sup>rd</sup> Fl 3:00 Reading-5<sup>th</sup> Fl.</p>	<p><b>15</b> 10:00 <b>Memorial Coffee for Chad Chadwick -SH</b> 10:15 Move &amp; Have Fun -3<sup>rd</sup> Fl 1:30 Readers' Theatre - SH 2:00 BINGO – 3<sup>rd</sup> Fl 3:30 Victor Borge Hour – 3<sup>rd</sup></p>	<p><b>16</b> 9:00 Manicures-5<sup>th</sup> Fl. 9:30 EnhanceFitness - SH 11:00 Mindstretchers - FPL &amp; 3<sup>rd</sup> 1:15 Ballard Shopping 1:30 Craft Corner -#427 3:30 Stretch for Health - 4<sup>th</sup> Fl</p>	<p><b>17 Syttende Mai!</b> 9:00 Better Balance-SH 9:40 Good Morning Exercise -SH 10:15 Move &amp; Have Fun -3<sup>rd</sup> 1:15 Kapka Kids – 2<sup>nd</sup> FL 12:30 <b>Ballroom Dance/ Bitter Lk</b> 1:30 Wii Time - SH 2:00 BINGO – 3<sup>rd</sup> Fl 3:00 <b>Happy Hour – MDR</b></p>	<p><b>18</b> 9:30 EnhanceFitness - SH 11:00 Mindstretchers- 3<sup>rd</sup> 1:30 Craft Corner #427 3:30 Stretch for Health - 4<sup>th</sup> Fl</p>	<p><b>19</b> 9:00 Better Balance - SH 1:30 Movie in Social Hall 2:00 BINGO! -3<sup>rd</sup> Fl 2:00 Saturday Mat on 2<sup>nd</sup> FL</p> 
<p><b>20</b> 9:30-1:00 <b>Sunday Brunch Buffet</b> 2:00 Seattle Girls' Choir-MDR 7:00 Vespers- SH with Dwight Paulson</p>	<p><b>21</b> 9:30 EnhanceFitness-SH 10:15 Move &amp; Have Fun -3<sup>rd</sup> Fl 11:00 Mindstretchers-FPL&amp;3<sup>rd</sup> 1:00 <b>Inga Frodesen Guild-SH</b> 2:00 Steve Flynn -MDR 3:00 Reading-5<sup>th</sup> Fl. 6:00 Norse Studies -SH</p>	<p><b>22</b> 9:30 Good Morning Exercise-SH 10:15 Move &amp; Have Fun -3<sup>rd</sup> Fl 1:15 <b>Ballard Shopping</b> 2:00 BINGO! 3<sup>rd</sup> Fl 3:15 Pretty Nails – 3<sup>rd</sup> Fl 3:30 Victor Borge Hour – 3<sup>rd</sup></p>	<p><b>23</b> 9:30 EnhanceFitness - SH 11:00 Mindstretchers - FPL &amp; 3<sup>rd</sup> 2:00 <b>Fancy Cup Coffee &amp; Tea Party! MDR</b> 3:30 Stretch for Health - 4<sup>th</sup> Fl 6:15 BINGO!-SH</p> 	<p><b>24</b> 9:00 Better Balance-SH 9:40 Good Morning Exercise -SH 10:15 Move &amp; Have Fun-3<sup>rd</sup> 1:15 Kapka Kids – 2<sup>nd</sup> FL 1:30 Wii Time-SH 2:00 BINGO – 3<sup>rd</sup> Fl 3:00 <b>Happy Hour –MDR</b></p>	<p><b>25</b> 9:30 EnhanceFitness - SH 10:45 Current Events –FPL 11:00 Mindstretchers- 3<sup>rd</sup> 1:30 Craft Corner #427 2:00 Manicures-5<sup>th</sup> Fl. 3:30 Stretch for Health – 4<sup>th</sup> Fl 6:00 <b>Piano Music with Jean-FPL</b></p>	<p><b>26</b> 9:00 Better Balance – SH 1:30 Movie in Social Hall 2:00 BINGO ! -3<sup>rd</sup> Fl. 2:00 Saturday Matinee on 2<sup>nd</sup> FL</p>
<p><b>27</b> 2:00 Roosevelt Jazz Combo-MDR 7:00 Vespers with the Ockwell Family MDR</p>	<p><b>28 MEMORIAL DAY</b></p>  <p>1:30 Movie in SH 2:00 Movie on 2<sup>nd</sup> Fl.</p>	<p><b>29</b> 9:30 Good Morning Exercise-SH 10:15 Move &amp; Have Fun -3<sup>rd</sup> Fl 1:30 Reader's Theatre-SH 2:00 BINGO! 3<sup>rd</sup> Fl 3:15 Pretty Nails – 3<sup>rd</sup> Fl 3:00 Reading- 5th 3:30 Victor Borge Hour – 3<sup>rd</sup> 7:00 "Vivace" Girls' Choirs</p>	<p><b>30</b> 9:30 EnhanceFitness - SH 11:00 Mindstretchers - FPL &amp; 3<sup>rd</sup> 1:15 <b>Ballard Shopping</b> 1:30 Craft Corner -#427 3:30 Stretch for Health - 4<sup>th</sup> Fl 5:00 <b>Baseball Game &amp; Dinner-SH</b></p>	<p><b>31</b> 9:00 Better Balance-SH 9:40 Good Morning Exercise -SH 10:15 Move &amp; Have Fun -3<sup>rd</sup> 1:15 Kapka Kids – 2<sup>nd</sup> FL 1:30 Wii Time-SH 2:00 BINGO - 3<sup>rd</sup> Fl 3:00 <b>Happy Hour MDR</b></p>	 <p><b>Ethel P 5/2</b> <b>Anne H 5/7</b> <b>Ragni 5/21</b> <b>Winnie 5/22</b> <b>Mel 5/26</b></p> <p><b>Birthday Party on the 14th</b></p>	<p><b>Please check the boards for weekend movie selections and any additions or changes to calendar</b></p>